

Management Overview

- First address patient's concern
 - If you can reassure the patient about the condition not being as patient thought do that first.
 - Give an overview of proposed management explaining the benefits before explaining the details
- Pharmacological Management
 - Acute
 - Pain Medications
 - Anti-emetics
 - Metoclopramide
 - Ondansetron
 - Anti-diahrrehal
 - Eye drops for itching
 - Nasal spray for blockades
 - Lozenges for sore throat
 - Antitussives for cough
 - Antispasmodics
 - Tranexamic acid
 - NSAID creams and gels
 - Steroid creams or tablet
 - Antibiotics creams or tablets
 - Anti-fungal creams or tablet
 - Medications for Constipation
 - Medications for Anal paid
 - Long-term
 - Regular Medications
 - Metformin
 - SGLT2 inhibitors
 - DPP4 inhibitors
 - GLP1 Analogues
 - Calcium channel blockers
 - Thiazide diuretics
 - ACE inhibitors
 - Anti-mineralocorticoids
 - Loop Diuretics
 - COCPs

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- Emergency Contraceptives
- Mirena
- Implanon
- Beta blockers
- Action Plans
 - Asthma Action Plan
 - COPD Action Plan
 - Anaphylaxis Action Plan
 - Heart Failure Action Plan
 - Heart Attack Action Plan
 - [Diabetes Type 1 Action Plan](#)
 - Diabetes Type 2 Action Plan
 - CKD Action Plan
 - Keep Me Safe Plan
 - [Lowering your opioid dose](#)
 - [Epilepsy Action Plan](#)
 - [Epilepsy First Aid](#)
 - [Asthma First Aid](#)
 - [Hypoglycemia First Aid](#)
 - [Anaphylaxis First Aid](#)
- Non-Pharmacological management
 - SNAPT
 - Smoking and social drugs
 - Nutrition and weight
 - Alcohol and Caffeine
 - Physical activity and sleep
 - Tranquility
 - FNAP
 - Family meeting
 - Notifiable Disease
 - Ancillary Services
 - Consider the need for
 - GPMP,
 - GPMHP,
 - TCA
 - Advance Care Plan
 - Advance Care Directives
 - Sick Leave Certificate
 - Counselling

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- Psychologist
- Physiotherapist
- Exercise Physiologist
- Dietitian
- Cardiac Rehabilitation
- Heart Care
- Pulmonary Rehabilitation
- Meal Services
- Pharmacy
- Occupational Therapist
- Audiometry
- Optometrist
- Podiatrist
- Speech Therapist
- Preventative Actions
 - For the patient
 - Work
 - Driving
 - Travelling
 - Vaccination
 - Regular screening
 - Screening for other conditions
 - For the family members
- 4R
 - Red flags
 - Review
 - Reminder
 - Recall
 - Reading Materials
 - Referral

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